



FORT ROUGE CURLING CLUB: RETURN TO PLAY GUIDELINES

UPDATED: SEPTEMBER 25th, 2020

At the Fort Rouge Curling Club (FRCC), we are committed to ensuring the health and well-being of our staff, members, volunteers and guests.

The following guidelines, applicable to those curling and those spending time in the café and lounge, were developed by the FRCC Return to Play working group. This working group is responsible for ensuring that FRCC staff, members and curling fans can curl and spend time in the club safely.

The FRCC specific guidelines are consistent with Manitoba Public Health Authority guidelines and incorporate the vast majority of Curling Canada and Curl Manitoba guidelines and suggestions.

By choosing to enter FRCC, all curlers, spectators and patrons are implicitly agreeing to abide by the established guidelines, including:

1. FRCC Return to Play Guidelines which have been emailed to FRCC curlers, posted on our website, made available at the front entrance and posted throughout the club.
2. Current Manitoba Health regulations located at www.gov.mb.ca/covid19 .

Furthermore, in lieu of signing a waiver which may have been requested by other curling clubs, all curlers, spectators and patrons choosing to enter FRCC are implicitly understanding and accepting of any health risks which may be inherent in participating in a public event within FRCC.

FRCC Return to Play Guidelines consist of:

1. General guidelines for individuals entering the FRCC
2. Measures taken by FRCC staff to protect individuals within the FRCC
3. Mask use
4. Spectators
5. On ice guidelines for players during game play
6. Refund policy

1. General guidelines for individuals entering the Fort Rouge CC:

- Everyone entering the building must comply with FRCC policies and procedures.
- Do not enter the building if you **HAVE COVID-19** or are experiencing any COVID symptoms. These include: chills cough, fever, sore throat, shortness of breath, stuffy or runny nose, loss of sense of smell, and headache.
- Anyone who feels sick and /or shows symptoms while at the club, should leave immediately and contact Health Links – (204-788-8200)
<https://sharedhealthmb.ca/covid19/screening-tool/>
- Practice physical distancing (ideally 2 metres / 6 feet).
- Practice proper hygiene.
- Keep your hands clean. Please wash hands with soap and water frequently for at least 15 seconds and use the hand sanitizer dispensers that are placed throughout the building.
- Avoid touching your eyes and mouth.
- Cough or sneeze into the bend of your arm.
- Avoid touching surfaces others often touch.
- Read and follow all signs and floor markings.
- If you are at risk of severe illness please consider not attending.

2. The following measures will be taken by staff at the FRCC to help ensure the health and safety of individuals within the FRCC:

- A full deep clean of the building will be conducted prior to opening.
- High touch surfaces such as bannisters, countertops, door handles, washrooms, etc., will be disinfected regularly, at least twice per day.
- Hand sanitizer dispensers have been placed around the building.
- Washrooms will be checked regularly for cleanliness and to ensure soap and paper towel have not run out.
- Masks are mandatory in all areas of the building unless you are sitting down at a table or curling.
- Disposable masks will be available for purchase in the office, café and lounge for a nominal fee.
- The self serve water dispenser has been removed. Please bring your own water container to the ice.
- A traffic plan for the building has been developed, and the plan will be posted within the club and emailed to membership prior to the start of the season.
- Napkins, cutlery, salt & pepper and other condiments will be kept off the tables. Individual condiment packages are available from staff in place of self serve condiments.

- Large menu boards will be placed on the wall by the café and lounge. Menus will also be available to view on our website via your cell phone.
- Pizza slices and popcorn will be available but will no longer be self serve. Staff will assist.
- Banquets will not be held in FRCC until further notice, to reduce risks. We will be guided by MB Health as to timing of their reinstatement.
- Plastic shields will be placed in the office, café and bar area as a further level of protection.
- New tap compatible mobile debit/credit units will be available at the café and bar. They will be sanitized after use. Cash use is discouraged.
- Tables have been physically distanced, 6 feet apart. Movement of chairs and tables is not allowed as per Manitoba Health directives.
- To reduce risk and ensure that MB Health guidelines are strictly adhered to, leagues that operate fundraisers in the club must submit their proposal to the FRCC Return to Play Working Group for approval, prior to commencement.
- All leagues will provide participant name and contact info for contact tracing purposes, if need be. This includes spares in all leagues.

3. Mask Use:

- Masks are mandatory in the building unless you are sitting down at a table or curling.
- Reminder: mask use is mandatory when leaving a table for any purpose, including to use the washroom or go to the bar to place an order.
- Reminder: Mask use is mandatory in the dressing room.
- Disposable masks will be available for purchase in the café, lounge and office for a nominal fee.

4. Spectators:

- Due to space limitations, only spectators who comply with FRCC Return to Play Guidelines, MB Health directives and are purchasing food or beverages, are welcome to watch curling and make use of a table during the pandemic.
- Spectators must provide their name and contact information in the journal provided at the front entrance, for contact tracing purposes, if need be.

5. On the ice/Playing the game:

- We will not be providing loaner curling equipment such as brushes, sliders or grippers during the pandemic as we can not ensure that they will be properly sanitized after use.
- No hand shakes. Instead tap brooms or wave.
- To avoid congestion, stones on sheets 2, 4 and 6 will be kept at the far end and games will start from that end.
- At the start of each game, please touch only your two stones and sanitize them using the cloth and disinfectant provided.
- Measuring: remove gloves, sanitize your hands, conduct measure, return measure device to its normal location, sanitize your hands.
- Do not use coins to decide the last stone advantage in the first end as this can transmit germs and encourage close contact. Instead use the rock, paper, scissors game, or an online tool on your phone:
<https://justflipacoin.com/> or evens/odds using your stopwatch.
- Instructional posters on “how to curl” in the optimal way to ensure physical distancing have been emailed to the membership and are posted at the club. A very informative and easy to understand video displaying the “new curling rules” has also been emailed to FRCC curlers and is also posted on our website.

- Scoreboards will be used in a modified way. Individual end markers will be removed as time will not permit sanitizing them between draws. Each team will use a colour paper marker to indicate the score (end tracking not possible). Please dispose of the paper marker at the end of the game.
- The automatic bell near the end of your game will remain at the usual times, however, when the bell rings you will complete the end you are in ONLY. The previous rule of “finish the end you are in and play one more” does not apply. This is in place to aid in reducing congestion between draws.
- Extra ends and skips rocks are not permitted. If a game ends in a tie, points for a tie will be awarded accordingly. This is in place to aid in reducing congestion between draws.
- At the end of your game, please return rocks in pairs to the location you found them. This will be a big help to our ice-crew. The guys are going to have a lot of extra work this season and this small step will save them a few minutes of time for other duties.
- Standings boards will be allowed for use, but it is imperative that the marker used be sanitized after use.

6. Refund policy

- We will treat each payment in a fair and respectful manner.
- We will make every effort to complete the expected game schedule, including using the month of May if necessary. (20 weeks for rental leagues, 21 weeks for the evening and mixed leagues).

- If we are unable to complete the expected game schedule in this timeframe, we will refund on a pro-rated basis, for the missed games that were expected.
- The refunded amount will be in the form of one team cheque.
- Circumstances not described in the above policy statements will be addressed on a case by case basis.

*** Further updates to the FRCC Return to Play document will be made as necessary and promptly communicated with our curlers and guests. ***

Thank you for your attention and cooperation.

We will get through this together!